

GOLDEN PALM MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Moroccan Lamb stew Or Spicy Bean Burger	Roast of the Day Or Sweet & Sour Vegetables and noodles	Thai Green Chicken curry Or Cod Fish Cakes	Sausage & Mash Or Cheese and Onion Quiche	Battered Fish Or Tomato and Pepper Bake
	Apple Crumble And Custard	Chocolate & Orange Sponge with Custard	Fruit Pie And Custard	Pineapple upside-down pudding and custard	Fruit Jelly
Week 2	Spaghetti Bolognasie Or Vegetable & Cheese Bake	Roast of the Day Or Vegetable Korma with rice	Chicken Tikka Or Vegetable Gratin	Shepherds Pie Or Macaroni Cheese	Battered Fish Or Cauliflower and Cheese Bake
	Bakewell Tart And Custard	Bread & Butter Pudding With Custard	Fruity Flapjack And Custard	Jam Sponge And Custard	Fruit Jelly
Week 3	Chilli Beef Or Tomato & Basil Sauce with Pasta	Roast of the Day Or Spicy Quorn Fillet	Sweet & Sour Chicken Or Vegetable Kiev	Stir Fry Beef & Noodles Or Cheese and Onion Pasty	Battered Fish Or Vegetable Pasta Bake
	Citrus Sponge And Custard	Rice Pudding	Apple flapjack and custard	Iced Sponge And Custard	Fruit <u>Salad</u> pot