



ST JOHN PAYNE CATHOLIC SCHOOL

NEWSLETTER MARCH 2021

St John Payne Catholic School, Patching Hall Lane, Chelmsford, Essex CM1 4BS
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Headteacher: Mr Thomas Coen, BA (Hons), PGCE, MA, NPQH



HEADTEACHER'S COMMENTS

We have loved welcoming the students back and having the school full again. They engaged fantastically well with online learning, and we remain impressed with how well they continue to adhere to our various health & safety measures, as they have since the days preceding our first partial closure last March. Their responsibility during the autumn term supported our efforts to keep our community safe and ensured we were able to remain fully operational. They have inspired our admiration throughout all the disruption, disappointment and anxiety of the past year, and I am sure their resilience will serve them well as they continue to progress with us.

Having successfully implemented Covid lateral flow testing for staff and the students eligible to attend school during partial closure, the dedication of the parents, governors and external professionals ensured we were well placed to accommodate mass testing of the whole community as all students have returned on a full time basis.

Last week concluded our on-site cycle of three tests per student - upwards of 4000 tests. It has been a remarkable effort, testifying both to the affiliations we enjoy with all those whose devotion has ensured its success, and to the responsibility of our students. They are our greatest ambassadors, and we could not be more proud. The process has now moved to home testing. On behalf of the DfE we advise that children continue to be tested twice each week over the break, with a test on Sunday 11th April prior to their return.

With students who were to sit public examinations this year due to receive grade recommendations based on a range of evidence, teachers will continue to afford them every opportunity to demonstrate their very best ability. There is much time for improvement before recommendations are finalised, and our intent whilst ensuring recommendations are invested with absolute integrity will be to fully support students' aspirations.

Continued.

AVITA PRO FIDE



Whilst the focus of schools can appear to be concentrated on those students preparing for public examinations each year, we are aware that the two periods of partial closure we experienced in the past year have potential implications for all of our students. I assure you our efforts throughout next term and into the new academic year will be to support their mental health & wellbeing, providing the very best pastoral care to ensure they are all supported to realise their potential.

At Easter last year I noted that whilst it was important to remember happier times would return, the world faced great need. As we reflect in the coming days upon Christ's Passion, death and resurrection, we appreciate that for some members of our community the world is forever altered, and that the light and hope of vaccination and medical understanding may bear a heavy weight. We continue to hold you in our prayers. We are here for you, and our support will never change.

With warmest wishes for a restful, happy and Holy Easter. We look forward to seeing the students upon our return, and to in time being able to once more welcome parents & carers to the school.

Thomas Coen

Headteacher



HEADTEACHER'S
COMMENTS

AVITA PRO FIDE



Students have had the opportunity since coming back to school to use the Chapel and to add to our prayers of hope.

On Friday, all students will take part in the virtual Lenten service. the service is themed "Light and Hope", focusing on Easter being extra special this year as we are hopefully coming to Easter in every sense after a year-long Lent since the Pandemic hit. We now have much to hope for and look forward to.

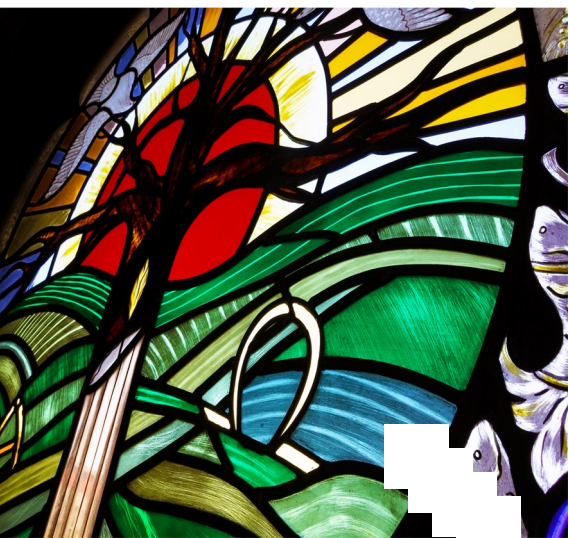
CHAPLAINCY & FAITH LIFE

Cafod Walk for Water

Students and staff have Walked for Water in CAFOD's Lent initiative. Thanks to all who have taken part and thanks to all families for donating. We will announce the total raised and prizes for Participants after Easter.

Hannah Kelly

Lay Chaplain and Pastoral Mentor to Year 7 & 8





MEET THE STAFF



I'm missing the things I love to do that have stopped because of lockdown and am looking forward to doing them again, hopefully in the summer: My favourite things to do are going to London to see a musical with my daughter, having family days out at English Heritage sites, looking for quirky finds in antique shops and enjoying visiting tea shops with friends.

Mrs Karen Searle

I work in the office and cannot wait to get back to socializing, fitness classes and pubs. I just want to dance and hug.

Mrs Jo Brittain, Administration Assistant

I enjoy reading, walking in the great outdoors and taking long bicycle rides. I love to eat out when the chance arises (after lockdown). I also enjoy spending relaxing time with my family.

Mrs Lynn Adams, Receptionist



ST JOHN PAYNE



SIXTH FORM

ST JOHN PAYNE



SIXTH FORM

Magnificent Millie



On 3rd February, 12C student Amelia B participated in an item during the the Rob Jelly show on BBC Radio Essex, on women officiating in sport. The interview included female umpires and referees from the world of tennis, basketball and hockey, as well as Millie's sport: football. Millie was asked to give her opinion on a range of subjects, including the disparity between the different genders in sports leagues, the influence of the visibility of female officials in empowering women to take up sport and the skills she has developed as a Football Association referee, along with some of the role's challenges. Millie spoke with a clarity and confidence that belies her age. At the end of the hour-long piece, she brought a tear to many a SJP eye when asked which sportswomen had particularly inspired her; Millie credited former SJP student Niamh G as the person who had motivated her to get into football. Well done Millie—we are incredibly proud of you!

Mrs T Fearn

Head of Sixth Form

Phoneless Thursday



A report from the Year 13 students who organized Phoneless Thursday:

Firstly, we would like to thank everyone who participated and donated for Phoneless Thursday. We raised £531. All of the money raised goes to Aid to the Church in Need which is a charity that supports and promotes the church, especially in countries where Christians suffer from prosecution or discrimination. They also help by providing practical assistance and pastoral care to people in need. Phoneless Thursday was a fundraising initiative with the specific aim of raising funds for a relief kitchen on the Syrian border in Lebanon that provides hot meals for refugees.

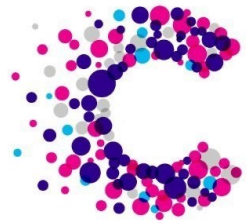
We hope it was a fun and enlightening experience during these hard times. Thank you for participating, and an extra thanks to our top fundraisers from outside Year 13: Grace B (10D) and Adam K(11S).

ST JOHN PAYNE

SIXTH FORM



ABBIE'S WALK ALL OVER CANCER



Hello I am Abbie a student in 12C. In March, I will be walking 10,000 steps a day to fundraise for Cancer Research UK with a friend.

Cancer Research UK is a charity that funds scientists, doctors and nurses to help beat cancer sooner. A number of professionals work together to ensure that the funds are used in the best way possible to carry out world-class research

MARCH 2021



We are aiming to raise as much as possible over the period between now and the end of March. We understand that due to COVID it is harder to make a donation, but even just sharing the link with family and friends would be appreciated.

<https://fundraise.cancerresearchuk.org/page/dollys-walk-all-over-cancer-fundraising-page-3>

I have decided to fundraise for CRUK after being diagnosed with Osteosarcoma in 2017 and 2020. I have gone through many different chemotherapies, trials and surgeries, as at the moment there is no cure for cancer.

Osteosarcoma is a bone cancer that mainly affects children and young adults under 20. Over the years, thanks to research the survival rates for this particular cancer has increased.

**I'm walking
all over
cancer**



Thank you so much for all your support :)



St John Payne Newspaper. March 2021

Whose health does COVID-19 affect?

The UK has the highest recorded deaths per capita from Covid-19 globally according to the research platform Our World in Data. Even after multiple lockdowns, reduced social contact and compulsory mask wearing the NHS is still struggling under the burden of Covid-19 cases.

The fundamental problem for the UK's shocking mortality rate was the state of the population's health before entering the pandemic. Seeing as there is a strong correlation between underlying health conditions and fatalities, it is of no surprise that the UK has experienced such a devastating loss- especially within communities from lower-socio economic backgrounds.

Many people in the UK suffer from lifestyle related non-communicable diseases such as obesity, which according to the NHS affects 28% of adults. These diseases are not the fault of the individual but rather a reflection on the state of our society, whereby profit of the food industry is put before people's health and wellbeing. Other factors including not responding to the pandemic quick enough and not maintaining social distancing rules are also to blame.

If anything, what can be learnt from this pandemic is the importance of overall population health and the responsibility lies with both individuals and the government to improve it. It is critical that disadvantaged communities, in particular, receive appropriate support to reduce health inequalities and prevent another catastrophe like this from occurring again.

By Kate AT 12A

Is COVID-19 boosting business?

With fears for many businesses growing ever stronger amid the covid-19 crisis, it is hard to imagine that some businesses have prospered during the lockdowns imposed by the government. However, for some businesses this has been the case. Online clothes distributor boohoo originally saw severe setbacks as their supply chain and international connectivity as they were put to the test by the pandemic. Nobody was going out, and so no consumers were prioritising buying a new outfit as they would only be able to wear it around their house. However, the guideline 'stay at home' sparked boohoo's loungewear collection which saw their sales increase by 45% from the last year. Boohoo's ability to adapt to the pandemic meant that they were able to meet the current needs for consumers.

Another business that saw a huge sales increase despite the pandemic was the 'world's leading streaming service' Netflix. Suddenly everyone had a lot more free time and so sales began to rise as people were subscribing and watching more frequently. The pandemic was good for Netflix and according to a guardian article Netflix saw 'nearly double the number of sign-ups it saw in the final months of 2019'. This has been great for business; however, the pandemic did see casting and filming opportunities cancelled in order to stay safe.

The health and fitness industry also saw a boom in demand because of the pandemic. With many beginning to engage with the fitness world due to the excess in spare time. Joe Wicks at home workouts became very popular and at their peak got 7.4 million views that is 4.8% of the entire country streaming that one video. The at home p.e. went viral on the 23rd of March, the same day the UK were put into the first initial lockdown. There is a clear correlation between the UK being put into lockdown and a boom in the fitness industry, meaning sales and consumer engagement has been good with many discovering a love for fitness they had not previously.

By Emily M 12A



St John Payne Newspaper. March 2021

How COVID-19 has adversely affected UK businesses and the law behind it

Pursuant to Emily's article discussing how some companies have benefitted from the pandemic, it is vital to identify those unfortunate businesses that have not profited from it. Albeit this poses the question of why they failed and the law behind it.

Restructuring and Insolvency Law

From the outlook, it may seem simple. A company is struggling with cash flow problems and has no choice but to close. But what exactly is the law behind it and, how do lawyers assist those companies struggling?

Restructuring and insolvency lawyers aid clients in financial difficulties. Restructuring is the first stage where lawyers will negotiate with creditors, (a company's ordinary trading partners that the company owes money to) to manage repayment of the debt, without the client becoming insolvent under Section 123 of the Insolvency Act 1986 (being unable to pay debts). When is a company deemed to be insolvent though? Here are some examples:

- if the company fails to pay a debt of at least £750 within 21 days of service of a statutory demand (s123(1)(a))
- it is proved to the satisfaction of the court that the company is unable to pay its debts as they fall due (cash flow insolvency test) (s123(1)(e))
- it is proved to the satisfaction of the court that the company's liabilities (an obligation/debt of a company e.g., an amount of money owed to someone) are of more value than their assets (an item of property owned by a company, having value to that company) (balance sheet insolvency test) (s123(2)).

A company will be regarded as insolvent if they satisfy any one of those points. Following the pandemic, stores that do not have a large online presence will most likely struggle to generate enough revenue to pay its fixed costs e.g., rent, as stores remain closed. Insolvency procedures like administration (an independent manager reorganising and selling the company's assets), liquidation (a business shutting down) and a company voluntary agreement

(CVA: creditors agreeing to wait longer to be paid/ accepting payment of only part of their debt) can be proposed to the struggling client.

Throughout lockdown, well-known companies such as Debenhams and Cath Kidston went through administration. Administration leads to a moratorium (a freeze) of any actions against the company by dissatisfied creditors. If the company can continue to operate, this can result in higher payments to creditors by preserving the value of the company. Although, this process does put the reputation of the companies at risk, as people can view them to be 'tainted with insolvency', which is why some companies may prefer a CVA – a less costly procedure that incurs less publicity

By Trudy A 12F

COVID-19 environmental affects

Although COVID-19 has been a tragic time for many, some positives have arisen from this pandemic. For example, when Italy announced its lockdown (March 8th, 2020) it caused a lot less tourism and therefore a lot less pollution such as littering and lower CO2 levels. Venice's canals are reportedly very clean, with polluted water being replaced with the clear blue it would have originally been. Drastically lower amounts of water traffic meant that locals began to see fish and other creatures in the now clear canals for the first time. Similarly, locals have been able to see the Himalaya's for the first time in decades due to the fast decline in air pollution in this pandemic. Many of the restrictions have benefited the environment in lots of ways

By Fraser M 8A



Venice Italy—source google images





On Friday 19th March, Year 12 students spent our PSHE lesson researching the issues surrounding Fairtrade goods, specifically chocolate.

We learned that Fairtrade-certified farmers are empowered to organise democratically and that their practices are likely to be more sustainable. We discovered that Fairtrade guarantees farmers a financial safety net, even when global cocoa prices decrease, and that female cocoa farmers are growing as business owners and leaders, as a result of the Fairtrade movement.

Buying Fairtrade products is surprisingly easy: all of our supermarkets stock a range of delicious Fairtrade goods, including Easter eggs.

Some interesting links are: <https://youtu.be/-XbP4cn8xhU> and <https://www.fairtrade.org.uk/media-centre/blog/6-reasons-why-choosing-fairtrade-chocolate-makes-a-difference>

The question is simple – **what choc will you choose?**



STUDENT AWARDS

AVITA PRO FIDE



STUDENT AWARDS

Year 7 Captains 2020-2021

House	Form Cap- tain	Vice Form Captain	Sports Captain
7A	Ariel O and Caiden D	Uzodinma and Oliv- ia P	Buddy P and Scarlett C
7B	Cece S and Kieran S	Zinachidi E and George P	Tes B and Freya C
7C	Joe Tracey and Abbie C	Jonathan S and Joumana Ab	Dashen G and Portia O
7D	Halley O and Sammy F	Charlie M and Freya S	Chido M and Will B
7F	Chris P and Jessica W	Henry A and Faye C	Lily-Mae and Ryan D
7S	Erith T and Brody R	Tristan A and Ste- phen S	Leah G and Jason O

Year 7 Form Captains



Year 7 Vice Form Captains





STUDENT AWARDS

Year 7 Sports Captains



Year 8 Captains 2020-2021

House	Form Captain	Vice Form Captain	Sports Captain
8A	Gene G and Lola B	Alice M and Fraser M	Theo C and Paige D
8B	Jeneta and Joel	Hannah and Adam	Matilda and Maxwell
8C	Lola L and Niall G	Livvie S and Alex L	George M and Lola W
8D	Mark and Imogen F	Marianna R and Calum F	Lewis M and Franci B
8F	Dotun A and Georgia M	Annabella I and Dylan V	Ben H and Lois L
8S	Matthew V and Ivy B	Michael A and Precious A	Joeseeph N and Ayo O

Year 8 Form Captains





STUDENT AWARDS

Year 8 Vice Form Captains



Year 8 Sports Captains



Year 9 Captains 2020-2021

House	Form Captain	Vice Form Captain	Sports Captain
9A	Tilda C and Esme A	Aaliyah O	Mia B
9B	Georgin J and Isobel G	Reece B and Michael B	Oliver M and Morin
9C	Rubie C and Edward W	Dylan T and Henry T	Kitan S and Bonnie E
9D	Summer D and Theo E	Keisha M and Juwon D	Zara M and Zara P
9F	Patrick T and Charles K	Dylan G and Toby Belsey O	Philip K and William H
9S	Riley R & Calum R	Lily R & Tiffany M	Amelie R & Callum L



STUDENT AWARDS

Year 9 Form Captains



Year 9 Vice Form Captains





STUDENT AWARDS

Year 9 Vice Form Captains



Year 9 Sports Captains





STUDENT AWARDS

Year 10 Captains 2020-2021

House	Form Captain	Vice Form Captain	Sports Captain
10A	Mazie G and Kaif K	Freddie S and Oscar C	Ella B and Jonathan K
10B	Elizabeth N and Jacob M	Miracle M and Tony J	Melissa A and Timi A
10C	Eve L and Mariam A	Ruby L and David A, Meg A	Liah D and Finley D
10D	Maya H and Alyssa F	Callum N and Clayton T	Klara Gi Roo Mupunga
10F	Yami K and Niamh S	Wilmo G and Mainge W	Grace S and Matthew H
10S	Rohan R and Barney H	Michael C and Ridi-ma N	Molly R and Evie P

Year 10 Form Captains



Year 10 Vice Captains





STUDENT AWARDS

Year 10 Sports Captains





Bronze, Silver and Gold Achievement

STUDENT AWARDS



OMIJIE A	7A	143
EKE Z	7B	167
LELEU L	7C	145
SOJU J	7C	227
WARING J	7C	243
BROWN W	7D	187
LOBO I	7D	205
SONY S	7D	149
TAYLOR J	7D	153
DUKE R	7F	158

Bronze, Silver and Gold Achievement Awards



STUDENT AWARDS



Name	Reg	Total Achievement Points
Samuel	8A	184
Theo	8A	145
Stuthin	8A	163
Ciaran	8A	150
Jeneta	8B	248
Harrison	8B	208
Lola	8C	289
Matthew	8C	136
Chloe	8C	156
Luke	8S	160



STUDENT AWARDS

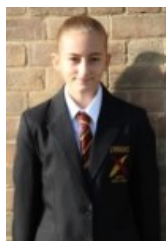
Bronze, Silver and Gold Achievement Awards



Name	Reg	Total Achievement Points
Tilda	9A	212
Aaliyah	9A	162
Ruadhri	9B	169
Karenza	9B	257
Edward	9C	163
Olivia	9D	162
Jamal	9F	152
Philip	9F	182
Luke	9F	168
Calum	9S	239
Naomi	9S	144



STUDENT AWARDS



Year 7- Head Of Year Award

Freya S 7D
James H 7A



Year 8- Head of Year awards

George B 8C

Year 9- Head of Year awards

Rubie C 9C



Year 10-Head of Year awards

Grace B 10D

Year 11-Head of Year awards

Charlie 11A,
Ellie R 11D
Alex on 11F





STUDENT AWARDS

There is nothing complicated about learning languages, but it takes hard work.

These students have showed particular grit, resilience, curiosity and effort in embedding French/German knowledge into their long-term memory. They will have a very strong start to French and German this year because they have not given up and continued to ask questions and check their memory.

Year 7 French	Year 8 French/ German	Year 9 French	Year 9 German
Leonard P(7A) Kieran S (7B) Maria S(7C) Stanley T(7F) Erith T (7S)	Harrison W (8B) Greena R (8A) James H(8S) Alex L (8C) Luke G (8S)	Reece B(9B) Lisa D(9F) Tiffany M (9S) Mia B (9A) Olivia A(9D)	Philip M(9B) Naomi UI (9S) Luca M(9A) Leon T(9C) Toby B (9F)



STUDENT SPOTLIGHT

AVITA PRO FIDE



STUDENT SPOTLIGHT

AVITA PRO FIDE

Achievement Points

	Total year group Achievement Points	Highest Form Achievement	Highest Achievement points in the Year-Term 1 & 2
Year 7	14350	7D: 2975	John W- 7C 243-Achievement
Year 8	11705	8C:1500	Lola- 8C 289-Achievement
Year 9	11739	9B: 1626	Karenza- 9B 257 Achievement Points
Year 10	5668	10S: 985	Niamh- 10F 93 Achievement
Year 11	3344	11B: 646	Hannah- 11S 91 Achievement Points





Key School Events





E-Saftey

AVITA PRO FIDE

Resources from the UK Safer Internet Centre

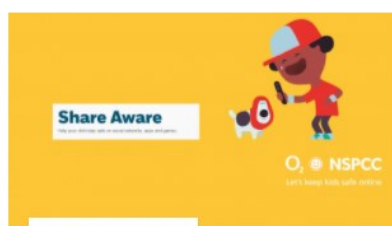
Tips, advice, guides and resources to help keep your child safe online

As a parent or carer you play a key role in helping your child to stay safe online.



<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

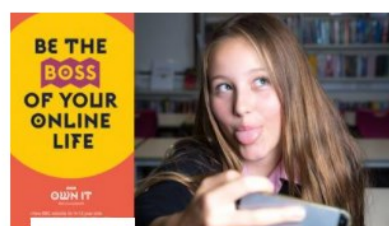
Resources from other organisations



NSPCC Share Aware



Thinkuknow - advice from CEOP



BBC Own It



Digital Parenting Magazine



Get Safe Online



BBC Get Connected



Online Gaming: An introduction for parents and carers



Common Sense Media



Internet Matters

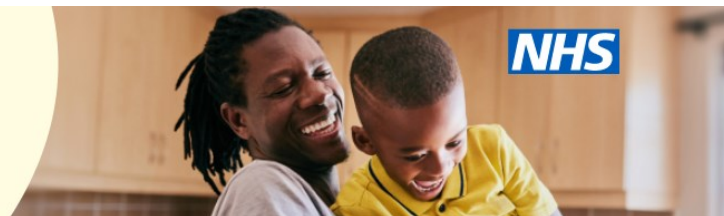


Pastoral Care Mental Health Wellbeing

AVITA PRO FIDE

Children's Mental Health

Looking after a child or young person's mental health



There are times when we all feel the strain. As parents and carers, there are ways we can support children and young people to give them the best chance to stay mentally healthy. Some children and young people have enjoyed being off school, while others will have really struggled – with the coronavirus outbreak keeping them at home and away from friends. Others may be coming to terms with family problems, loss or changes to their living situation.

<https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/>

[WT.tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EAlalQobChMI_o2fsM3N7wIVkr7tCh3ixQEYEAAYASAAEglu1PD_BwE&gclsrc=aw.ds](https://www.nhs.uk/oneyou/every-mind-matters/childrens-mental-health/?WT.tsrc=search&WT.mc_id=EMMParentsSearch&gclid=EAlalQobChMI_o2fsM3N7wIVkr7tCh3ixQEYEAAYASAAEglu1PD_BwE&gclsrc=aw.ds)

Top tips to support children and young people



Be there to listen

Regularly ask how they're doing so they get used to talking about their feelings and know there's always someone to listen if they want it. Find out how to create a space where they will open up.

[How to start a conversation with your child](#)



Support them through difficulties

Pay attention to their emotions and behaviour, and try to help them work through difficulties. It's not always easy when faced with challenging behaviour, but try to help them understand what they're feeling and why.

[Help with difficult behaviour and emotions](#)



Stay involved in their life

Show interest in their life and the things important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.



Encourage their interests

Being active or creative, learning new things and being a part of a team help connect us with others and are important ways we can all help our mental health. Support and encourage them to explore their interests, whatever they are.



Take what they say seriously

Listening to and valuing what they say, without judging their feelings, in turn makes them feel valued. Consider how to help them process and work through their emotions in a more constructive way.

[The Anna Freud Centre support guide](#)



Build positive routines

We know it still may not be easy, but try to reintroduce structure around regular routines, healthy eating and exercise. A good night's sleep is also really important – try to get them back into routines that fit with school or college.

[Sleep tips for children](#)



E-Saftey

AVITA PRO FIDE

Parental controls offered by your home internet provider

How to set up filters on your home internet to help prevent age inappropriate content being accessed on devices in your home.

The 4 big internet providers in the UK – BT, Sky, TalkTalk and Virgin Media - provide their customers with free parental controls which can be activated at any time. They have come together to produce these helpful video guides to help you to download and set-up the controls offered by your provider.

Please click on the link below to access further information

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider>



How to set up the parental controls offered by BT



How to set up the parental controls offered by Sky



How to set up the parental controls offered by TalkTalk



How to set up the parental controls offered by Virgin Media



Happy
Easter

