

ST JOHN PAYNE



AVITA PRO FIDE



NEWSLETTER MAY 2023

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Mr Thomas Coen, BA (Hons), PGCE, MA, NPQH*



We were delighted to welcome former Head Boy Fr Michael Barwick to celebrate Mass for the Feast of St John Payne (6th May) and offer his testimony earlier this month. Students in Years 7 & 12 held our whole community in prayer, and with the Catholic church devoting May & October to the veneration of Mary, staff & students united in witness to pray The Angelus each day throughout May.

The school was full of joy & celebration as we gathered to give thanks for the contributions of our Year 11 & 13 students' contributions to our community throughout their time with us. They have extended excellent devotion to preparing for their examinations, and we continue to hold them in our prayers. I am sure the coming weeks will bring them the fruits of all their efforts.

Students have enjoyed much success in recent weeks, Robson in Year 10 moved his audience with a powerfully personal speech at the regional finals of the Jack Petchey Speak Out competition, our Year 7 dancers gave fantastic representation at Step into Dance in Tottenham, and our Eco ambassadors launching a new initiative that will see each departing Year 13 Form plant a tree for their corresponding new Year 7 Form to grow as each new cohort of children grows throughout their time with us.





HEADTEACHER'S COMMENTS

We hold in our prayers the many students making the sacrament of confirmation. We pray that they continue to grow in faith and serve as witnesses to Christ.

We look forward to our KS3 production of Tuesday in June. Students continue to enjoy their rehearsals under Mrs Nowlan's guidance, and the performances will be sure to display their gifts in great abundance.

We wish our whole community a restful break and look forward to welcoming the students back when we return to school on 5th June.

Yours sincerely

Thomas Coen- Headteacher.





CHAPLAINCY FAITH LIFE

This month we have marked the Feast of our school patron St John Payne. We were so thrilled to welcome Fr Michael Barwick, our past Head-boy to celebrate this wonderful occasion - It was such an uplifting Mass where he shared his personal testimony. Our Student leadership team and junior faith ambassadors gathered after the Mass to enjoy cake and a chat with Fr Michael.

Year 11 revision for RS - the study of religion is in every building at SJP, for some extra visual revision I led a session on the features of a church building and private and public prayer in the Chapel. This was very well attended and I hope gave our students extra confidence going into their first RS exam. Saint Joseph of Cupertino, pray for us!

Years 11 and 13 had their Leavers' Masses with Fr Paul and Fr Pascale, each student received a blessed cross and prayer card. We continue to hold all exam students in our prayers throughout this time.

On Thursday 18th May, it was Ascension Day – we mark when Jesus went to Heaven to be with God. The whole community joined together for a short prayer service during registration.

We completed the last of the Year 9 retreats to Walsingham House, all students had the opportunity to step back and remember the gifts they have been given and reminded how they have been made perfect in God's image.

During the month of May, the whole community stops every day at the beginning of P4 and prays The Angelus - this is being led by both students and staff. Praying the Angelus Way introduces us to the different stages that are involved in the formation of an Angelus prayer intercessor. It enriches within us a greater appreciation of God's love and the breadth and depth of this love he has for those who respond to call.



CHAPLAINCY FAITH LIFE

Finally, after half term, our new chaplaincy leadership team will be opening two clubs. On a Tuesday the Anything Goes Friendship Club will be returning (this was a thriving club pre COVID - KS3 students and invited into a cosy and friendly space where they get to choose the theme of the following week: bingo, art & crafts, affirmation sessions, karaoke etc. This is a club where friendships are made. On a Thursday lunchtime, Christian prayer meditation will be taking place in the Chapel at 1.20 pm. All are welcome! More information will be given to form tutors after half term.

Have a wonderful and blessed half-term.

God bless

Lay Chaplain,
Katy Adams



NEW STAFF INTRODUCTIONS



**A Tompkins-Pastoral
Mentor**



C Bacon- RE Teacher



**S Henriques –
Attendance Officer**



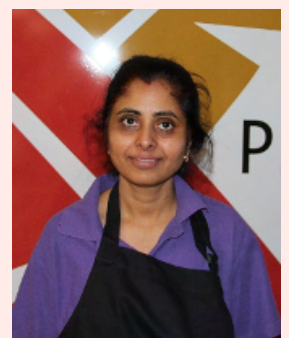
J White- Premises



M Jain - LSA



**M Daly, N Atkins, B Howard
– Exam Invigilator**




**J Chan, S Hardwick, S Kumari –
Catering**

STUDENT AWARDS



Student Awards



	Total Year Group Achievement Points	Highest Form Achievement points	Highest Achievement Points In the Year
Year 7	36,068	7S	Ayobami O- 7S 496 Achievement Points
Year 8	20,042	8A	Freddie G - 8S 469 Achievement Points
Year 9	19,450	9C	Ariel O - 9A 310 Achievement Points
Year 10	11,002	10F	Victory M- 10B 202 Achievement Points
Year 11	5,335	11C	Tilda C 11A 121 Achievement Points

Student Awards



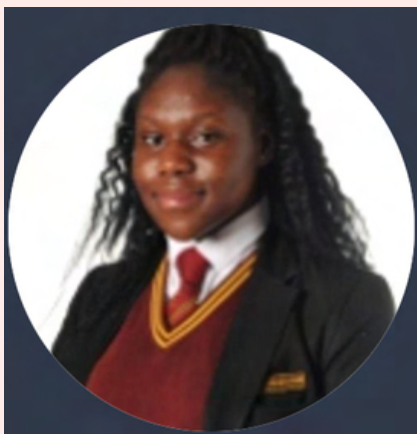
Ayobami O- 7S
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310 Achievement Points



Victory M- 10B
202 Achievement Points



Tilda C- 11A
121 Achievement Points



Student Awards



Our April Jack Petchey Winner...Freddie in 8S

Freddie has been nominated for his citizenship and contribution to the spiritual life of the school throughout his time at SJP. Freddie leads by example reading and leading prayer in assemblies, Mass and all worship. He has actively participated in every Lent and Advent service and willingly supported many SJP events. He proved to be an excellent Junior Faith Leader whilst working with the younger students to promote faith in assemblies and services.

Freddie is a young man who continually works hard to support all those around him both students and staff, he selflessly gives up his time and whoever comes into contact with him is a better person for the experience.

This year Freddie impressed and delighted the whole community when he wrote to Sir David Attenborough and received a handwritten letter back, this is yet another example of the quiet and awesome self-motivation that Freddie displays in his daily life. All at SJP are just so very proud of him!



SJP Linguastars- Spring Term 3a



There is nothing complicated about learning languages, but it takes hard work.

These students have shown particular grit, resilience, curiosity and effort in embedding French/German knowledge into their long-term memory. They will have a very strong start to French and German this year because they have not given up and continued to ask questions and check their memory.

Year 7 French	Year 8 French/German	Year 9 French	Year 9 German
Leon S (7A)	Kayah A (8A)	Zinachidi E (9B)	Kieran S (9B)
Charlotte C (7B)	Kelvin P (8C)	William B (9D)	Jonathan S (9C)
Jonathan B (7C)	Sofia M (8S)	Abi R (9F)	Averie B (9B)
Casper K (7D)	Anthony MI (8A)	James H (9A)	Maja B (9D)
Benjamin H 7S	Aaron N-G (8C)	Princess I (9C)	George D (9S)

Abigail S (7F) Excellent attitude to learning every single lesson. Always works to the best of her ability.

Scarlet-Rose C (8F) Excellent attitude to learning every single lesson. An independent learner who strives to achieve her best.

Thomas P-N (9F) Excellent attitude to learning every single lesson. Resilient and hard-working.

Grace T (9F) Always cheerful and always gives of her best in lessons and homework.

Anna P (10F) Thorough study at home in preparation for assessments and homework, impacting her grade from 2-6 within a term.

Millie H (10S) Very hard working and excellent written and spoken German due to HW.

Sharon S (11D) Amazing work ethic and resilience throughout GCSE course.

Panni O (11F) Always gives of her best and goes the extra mile to achieve in the Higher tier.

Hannah Y (12C) Calm mature approach to her studies taking on all advice and seeking extra opportunities to learn.

Dola A (12D) Dola has produced written German of an impressive quality. She consistently goes the extra mile and has a friendly polite approach to her studies.

Jasper M (13F) Good recall of vocabulary and ideas to argue point of view.

Isabel L (13B) Isabel is working very hard and is really gaining in confidence in her spoken German.

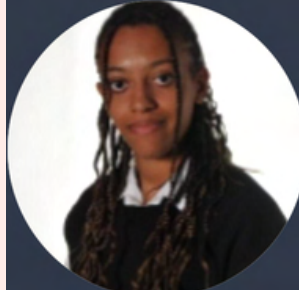
STUDENT SPOTLIGHT



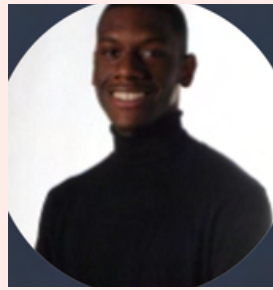
Student Leadership Team 2023



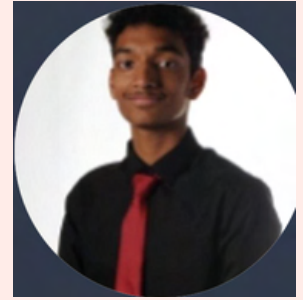
Head Girl
Phoebe



Deputy Head Girl
Nneka



Deputy Head Boy
Wilmo



Head Boy
Joshua

Niamh, Gracie, Eiblis, Niamh, Susie, Joshua, Martha, William, Manuel, Millie and Emily enjoyed a transformational experience with the HCPT to Lourdes at Easter, and have all been praised by the team leaders for their kindness and compassion.



Mila Schwartz- 12D



What we now know today as St John Payne Catholic School, facilitating the education of over one thousand students, with numerous departments, buildings and faculty, we also have an, often forgotten, history of growth and progression. Beginning in 1959 as Blessed John Payne, a Secondary Modern with only 346 pupils, our now extensive campus began as a single building we now know as Bosco. Since then, the school has grown, not just in numbers and buildings, but achievements and admiration from all those who have passed through.

The value of education, although shown to be built within the societies that we reside, is often underappreciated in the day to day lives that we live. The exhaustion of the lesson by lesson, day by day and week by week can sometimes overshadow the blessing that is being handed to us, in the hands of those eager to share what they know.

Teachers can, in many ways, shape the student they are teaching, introducing each new concept with what we hope to be, a spirit of enlightenment, inspiring and accelerating the growth of the mind they are hoping to incite. The value of a good teacher can never be undervalued, and here at St John Payne we have innumerable, many of which not only have a passion for education but an adoration for the school as a vehicle of such edification. It is perhaps the dedication of these teachers, devoting their lives to the growth of others, that has caused so many of our students to return, committing themselves to the cause. This has resulted in teachers working with and alongside their past students, together working to continue the furthering of the principles that education promotes. Within our school, across all departments we have numerous past pupils who now continue to teach in the same rooms where they fell in love with their passions and were encouraged to grow such specialities. They have left this school for years, discovering new environments, places, and people, to return to the (often unchanged) buildings where they, themselves grew up. These are perhaps the strongest manifestation of what makes our school so special and unique.

Upon being asked the question what the strongest 'pull' bringing these teachers back to this school was, it was discovered to be a difficult question to answer. Like any other intangible 'pulling' force such as gravity or magnetism, the culprit is seemingly challenging to identify. However, perhaps the answer is more simple. Perhaps it is the history of the school itself and the words above the entrance to our Chapel corridor that witness, 'Be it known to all who enter here that Christ is the reason for this school.' It may in fact be the sense of community created through a shared understanding of faith and respect of such beliefs that unites our collective, creating an atmosphere of belonging unique to any other place of education. Our school's distinctive identity can be attributed to the love that the beliefs it was founded on promotes, also encouraging other religions, cultures and ideas constructed on similar foundations to also be nurtured and respected in the same way.

These may be the reasons for our teacher's returns and these may be the reasons why generations have passed through this school, building it and assisting it's evolution.

 **From when it began as Blessed John Payne to now, this school has always been a place where students are seen and loved and minds are heard and valued.**



Sporting Achievements



Essex County Hockey Awards

Congratulations to Luke in 10S who received the “Most improved player” award at the U15’s boys Essex County Hockey awards ceremony this month. An outstanding achievement!



An outstanding achievement!

Sporting Achievements



ESAA Combined Events Championships

Alicja in Y8 competed in the ESAA Combined Events Championships at Brentwood School. In this competition, pupils compete in 800m, high jump, long jump, hurdles and shot put.

Over 30 pupils completed from Year 8 and Year 9 - Alicja placed 5th and is now through to the next round!



An outstanding achievement!



Sporting Achievements



The following pupils went to the U13 Essex basketball trials.

Year 7

Juliet J, Sienna W, Francine N

Year 8

Alicja Y, Jasmine R



They ALL were selected to represent the county which is an incredible achievement!



An outstanding achievement!

Drama Performance exams

Well done to our Year 10 GCSE & Year 12 A Level Drama students' who completed their Devised Performance practical exams this term. Both classes performed their original pieces of drama to an invited audience in our recently finished drama studio. It was great to finally be able to have a live audience in the studio and give family and friends an opportunity to see the student's creative work and confident performances.



Finally, we would like to say a big well done to our Year 11 GCSE Drama students who completed the practical element of their two-year course at the end of April by performing two scripted extracts from a professional play to a visiting examiner. They all performed with such professionalism and confidence, we are very proud of them all and wish them the best of luck for not only their drama written exam but in all of their exams this summer.



We are so proud of you all!



Step Around Town– Royal Ballet



On Wednesday 26th April, 26 students went off to Tottenham, to perform in the Royal Ballet event-Step Around Town. We had the youngest team but that did not stop them shining!! Our team were so amazing that they have been asked to perform at Cadogan Hall in Covent Garden. We are so proud of you all.



We are so proud of you all!



LOWER SCHOOL PLAY

In April, we saw 60 plus students from Years 7, 8 and 9 audition for this year's Lower School Play. We were not only blown away by the turnout but also by the talent. It was so hard to select students for the main parts, that we ended up deciding to double cast most of the characters so more students get the opportunity to take on a main role.



We are now deep into the throes of rehearsals with 45 students working hard during lunch times and after school to put on Alison Carr's thrilling play 'Tuesday' -

An ordinary Tuesday turns really, really weird when the sky over Lane End School suddenly rips open. Students and teachers are sucked up into a parallel universe, whilst a whole new set of people plummet down from above. Confusion reigns as 'Us' and 'Them' try to work out what is going on, and soon tensions are rising between the two groups. Can they restore their universes before it's too late?

Join us for a Tuesday like no other in this exploration of identity, friendship, loss and responsibility. All told against the backdrop of astronomical theories of the multiverse!

Tickets will soon be available to purchase on ParentPay so watch this space and we look forward to seeing you at the show - Tuesday 27th and Wednesday 28th June 2023 - 7pm till 8pm.



KEY SCHOOL EVENTS





Jack Petchey- SJP



Robson moved an entire audience to tears with his powerful and heartfelt testimony - at the Central Essex Jack Petchey Speak Out Final achieving an astounding third place, raising the little-spoken-of issue of parental loss amongst children. His positivity, strength and gusto, in the face of adversity, mark him out as a remarkable young man.



Year 11 Final Week – Cohort 2018–2023



Last week marked the culmination of an incredible journey for the Year 11 students, and it was a week filled with poignant moments and cherished memories. The festivities began with a heart-warming Leavers' Mass on Tuesday 9th May, where Father Paul Cracknell led the students and their parents in a beautiful service. It was a moment of reflection and gratitude for the years spent together.

On Wednesday 10th May, the students received their specially designed hoodies, thanks to the diligent efforts of Mrs Green. The hoodies served as a symbol of unity and camaraderie, showcasing the unique bond that had formed among the Year 11 cohort.

The final day on Thursday 11th May, was undoubtedly the highlight of the week. The day commenced with an emotional shirt signing and a breakfast in Aquinas Hall. Laughter filled the air as students reminisced about their shared experiences, signing shirts and sharing inside jokes. The school memories of the Year 11s were displayed on the screen, accompanied by nostalgic songs that the students had chosen themselves. The students then engaged in friendly matches of football and badminton, further strengthening the bonds that had been forged over the years. The day concluded with a moving final assembly led by Miss Cook. Photos of the students from Year 7 and Year 10, and a current snapshot of the Year 11s were displayed, capturing the transformation and growth each student had undergone. The form tutors delivered heartfelt speeches, expressing pride in their students' achievements and offering words of encouragement for the future.

Overall, the last week of secondary school for the Year 11s was an extraordinary blend of celebration and bittersweet farewells. It was an incredibly emotional time, marked by tears of joy and sadness. As the Year 11s are now in the middle of their exams, we wish them the best of luck and commend them on their accomplishments. The memories created during their time at the school will forever be cherished, and we eagerly anticipate the bright futures that lie ahead for each and every one of them.



Miss Cook – HOY



Sixth Form News

Year 12 Work Experience

Year 12 students will be taking part in work experience from 17th to 21st July.

Further to our email in January, requesting placements, if you are able to host one or more students during this week, please email careers@sjp.essx.ech.uk.

Year 13 Last Days

On 11th May, we were delighted to welcome Fr Paschal to school to celebrate Mass with Year 13 students and their parents. It was lovely to see so many family members there.

We had a joyful, uplifting service, during which Fr Paschal reminded students not to worry about their future, as God has a plan for them.

On 12th May we said farewell to our Year 13 students as they embarked on their study leave.



Many students were involved in a football match in the sports hall, whilst other students impressed us with their singing and dancing in a karaoke sing-off. This was followed by an assembly, during which the students were presented with hand-made gifts, and they gave out their own awards.



The afternoon ended with a pizza party in the sixth form café, which had been specially decorated for the occasion. We wish all of Year 13 the best of luck in their exams. Please remember we are here for you, during this examination season and whenever you might need us in the future.



"An excellent experience, very insightful and useful." Yr 11 student

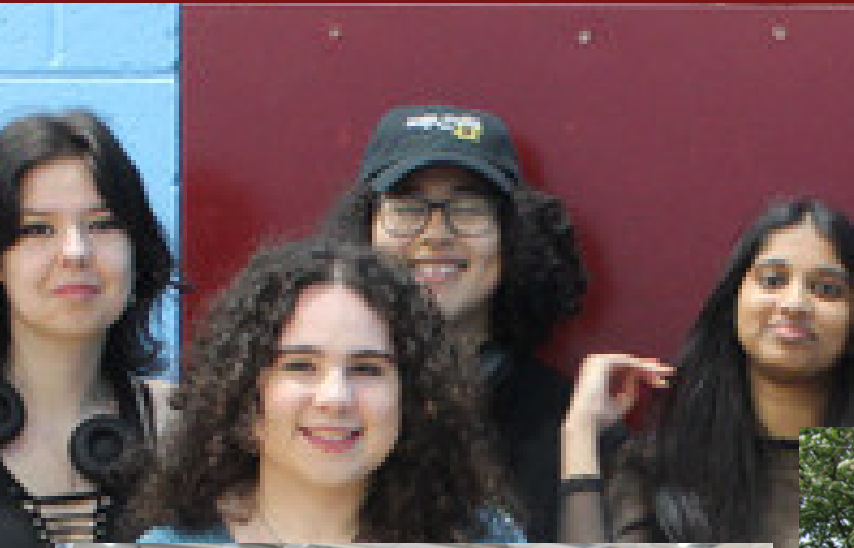
Last Day for our Year 13



Last Day for our Year 13



Last Day for our Year 13



Last Day for our Year 13





A massive THANK YOU to everyone who donated in support of the CAFOD appeal to raise money for the victims of the earthquakes in Turkey and Syria. We raised a total of **£1632.**

Thank you to the student leadership team for coordinating our fundraising, and for hosting a bake sale at short notice.

Mrs Fearn

Literacy & Library News



WORLD BOOK DAY

As part of the festivities, teachers joined in the fun by donning costumes of their favourite book or movie characters.



Literacy & Library News



The Library and Literacy departments are thrilled to announce six young readers will be embarking on a literary adventure with an array of page-turning, never-before-read books... The YOTO Carnegies! Michael O, Isabella C, Orla M, Xavier G, Gwynfor P and Connie A will have the chance to vote for their favourite newly released title and join us at a virtual book awards ceremony to select the winner!

LIBRARY CONTESTS AND EVENTS

In Celebration of King Charles' Coronation, the library hosted a Royal family quiz! Students could also create their own Royal title using the Royal Name Generator Game and create decorations for their coronation parties using the make-your-own coronation decoration station featuring printed resources, coronation stickers and books about the Royals.



Literacy & Library News



For May the 4th the Library encouraged Star Wars enthusiasts to participate in SJP's Star Wars Quiz. At the end of the term, the library hosted a Star Wars Movie Week, playing Star Wars movies during lunch and break, for those who completed the quiz!

The Library is currently holding a contest where students can showcase their artistic skills by creating their own comic. This initiative, by Book Life, aims to encourage students all over the country to develop a passion for reading and graphic novels. The winner of this competition will receive an illustrated poster featuring their character, a set of Graphic Readers, and will be featured in an upcoming edition of Graphic Reader! If that wasn't enough, the winning student's school will also receive a prize of £250 worth of books and a set of Graphic Readers. To participate, students must submit their entries to info@booklife.co.uk, including their first name, age, and the email address of their school librarian (r.odendaal@sjp.essex.sch.uk).





PASTORAL CARE, MENTAL HEALTH & WELLBEING



We've chosen anxiety as the Mental Health Awareness Week theme this year to kickstart a nationwide conversation, encouraging people to share their own experiences and any helpful ideas on how they manage anxiety.

Alexa Knight - Director of England at the Mental Health Foundation

What is anxiety?

Anxiety can affect us physically and mentally. If you are feeling anxious, you might notice your heart rate increasing, headaches, loss of appetite, breathlessness or chest pain. (If you are experiencing these symptoms, you should see a healthcare professional to rule out another physical cause). Anxiety might make you feel tense or nervous, find it hard to relax, feel tearful or have problems sleeping and concentrating. Friends or family might notice you are more irritable than usual, or more withdrawn. Or perhaps you seem fine on the outside but feel panicky inside.

1. Focus on your breathing

When you're having anxious thoughts try focusing on your breathing, concentrating on the feeling of your body as you breathe in and out. It can help you control the thought.

4-7-8 breathing technique

Close your mouth and quietly breath in through your nose, counting to four in your head. Some people find relaxation exercises work too, while others find mindfulness useful.

2. Get moving

Exercise is a good way of dealing with anxiety.

Remember, activity doesn't have to be vigorous; try some gentle stretches, yoga, or seated exercises. Or just go for a walk. G

3. Keep a diary

It's important that we don't try to ignore our worries. Taking the time to keep a record of what's happening in your life and how it's affecting you can help you understand what is triggering your feelings of anxiety. Knowing this can help you better prepare for and manage situations that may cause anxiety.

4. Challenge your thoughts

Anxiety can lead us to think about things over and over again in our brain. This is called 'rumination' and it's not helpful. When you catch yourself ruminating try to write down the thought and to challenge it. Is what you're worrying about likely to happen? Are you being realistic? Have you had similar thoughts which have not turned into reality? This can make it easier to challenge the thoughts and stop them from overwhelming you.

5. Spend time in nature

We know that spending time in nature has a positive impact on our mental health. It can help us feel calmer and less stressed. This can be as simple as tending some flowers in a window box or going for a walk in the woods. <https://www.mentalhealth.org.uk/explore-mental-health/blogs/why-anxiety-theme-mental-health-awareness-week-2023>



E-SAFETY

If your child already has a games console, you can ask them about their favourite things to play, you can ask them to teach you to play the game and explore the ways to report and block players or content whilst playing together.

Advice for parents and carers

Games consoles



Top tips:



Talk with your child about responsible use of their games console

Discuss what is okay and not okay to use it for and look at the possible risks. Tell your child what they should do if something goes wrong while using it. This could be to turn off the screen and tell an adult.



Think about the location of the games console

Will it be in a shared family space or in a bedroom? Think about: setting time limits; reminding your child about the risks of communicating online with people that they do not know; and encouraging them to come to you with any worries.



Explore parental controls

Take a look at the controls available both on the games console itself and on your home Wi-Fi. Talk these through with your child too. Parental controls are a helpful tool, but an open conversation with your child is the most important thing.

300 Club winners

<u>January 2023</u>	<u>February 2023</u>	<u>March 2023</u>
Mrs M Clark – 1 st prize	Mrs J Yates – 1 st prize	Mrs L Simpson – 1 st prize
Mrs N Nunn – 2 nd prize	Mr & Mrs J Timms – 2 nd prize	Mrs S Manser – 2 nd prize
Mrs H Turrell – 3 rd prize	Mr C Halpin – 3 rd prize	Mr A Odupitan – 3 rd prize

Cheques with corresponding amounts have now been sent out to all the winners.

Good luck to everyone taking part in further draws!

As a reminder, here are the advantages of the 300 Club:

- The subscription is only £12 per year (just £1 per month)
- There are 38 prize draws each year (3 per month & 2 snowball draws)
- 50% of the subscriptions are returned as Prize money
- Over £1,200 in prize money was paid out last year to lucky members
- Parents, family friends, supporters of the school and former pupils are all welcome to join

The 300 Club fund is a vital part of the provision made for all young people in the St John Payne community. It helps us to transport pupils to sporting and educational events and allows us to improve the school premises.

Joining is easy – you can sign up by completing a standing order form (available from School Reception) or by paying through Parent Pay once a year.

Thank you.

The Earth Society

The Geography department would love to introduce The Earth Society. A club which will evoke awareness about the importance of environmental issues, not just to our school, but to the world. The Earth Society is a voluntary group which promotes the participation of students in learning about and improving their environment. This student-run club will enhance our school and its surroundings, through the plantation of birch trees, form litter collection and reduction of plastic waste. We have 9 trees that have just been planted, beginning our yearly tradition! However, this tradition needs the help of years 7, 8 and 9 to run the club and keep our environmental ideas moving forward. If you're interested in getting involved in the environment, or just want to suggest some ideas, please don't hesitate to email Miss L Dabbs, Rosalie W or Phoebe M. We'd love to hear your ideas to keep the environment safe!





**HAPPY
HALF
TERM**